

Social diagnosis and definitions

Social	Examples of situation to use V-code
Caregiver Stress (Z63.8)	Caregiver for child, adult, senior with complex medical, social, physician and behavioral needs.
Family Stress (Z63.8)	Social, economic, medical stressors
Insufficient social insurance or welfare support (Z59.7)	Lack of insurance, uninsured, or under-insured. Needing SSI/SSD or public
Need assistance with community resources (Z74.8)	For general resources where there is not a specific v –code
Unavailability or inaccessibility of other helping agencies (Z75.4)	Lack of community resources, ineligible for community resources, no capacity
Social Isolation (Z62.4)	Lack of or limited availability of family, friends, community groups or agencies to provide routine social support. Member spends majority of time alone (in home or facility)
Problems related to other legal circumstances (Z62.5)	Health harming legal issues (guardianship or custody issues, renter's rights, employment rights, problems with income or public benefits, legal status, disability,
Problems related to release from prison (Z62.5)	Transition to work, access to health services, housing
Language Problem (F80.9)	Needs interpreter services
Economic	Examples of situation to use V-code
Financial Problem (Z59.9)	Self-reported financial worries. Difficulty paying for basic needs- food, clothing, medical care, utility, rent, bills, at risk of dept. etc.
Food Insecurity (Z59.4)	Self-reported. Worry about finding affordable food. Food stamps running out. Lack of fresh fruits and vegetables available
Homelessness (Z59.0)	Camping, sleeping in shelter, couch surfing etc.
Housing or Economic Circumstance (Z59.9)	At risk of homelessness- inability to pay rent, inability to find affordable housing, rent increases etc.
Inadequate material resources (Z59.9)	Lack of transportation, clothing, computer, housing goods, school supplies, appliances, basic goods
Intentional underdoing of medication due to financial stressors (Z91.120)	Not taking medications, filling medications, stretching medications etc. due to financial strain
Unemployment (Z56.0)	Unemployed, unable to find work, underemployed
Low Income (Z59.6)	Not enough money to pay for necessities, has just enough to make ends meet, poverty line and under

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Environmental	Examples of situation to use V-code
Fall Risk (Z91.81)	Does not want to use devices to help with walking, unsteady gait, poor housing conditions (hoarding, deteriorating floors, rugs)
Stressful work schedule (Z56.3)	Working multiple jobs, physically strenuous jobs, night shifts, long shifts, etc.
Foster care status (Z62.21)	Child, adult or senior living in foster care
Problem related to social environment (Z62.9)	Living alone, living in clutter (hoarding) dangerous or health harming environment
Health Education	Examples of situation to use V-code
Dental Well Care Counseling (Z71.89)	Educating members on dental care benefit (Medicaid) and access to free or low cost dental services
Referral to county mental health agency (Z68.81)	Educating member on community mental health organization, helping members schedule visit
Illiteracy and low level literacy (Z55.0)	Educating member on how to navigate Kaiser. Helping member with follow up instructions, education etc.
Nutrition and exercise counseling (Z71.3)	Educating members on low cost gyms, silver and fit, community centers, community cooking classes, farmer's markets