

*\*All times are listed in MST*

9:15am–9:25am	<b>Opening Prayer</b>
9:25am–9:35am	<b>Welcome and introduction to the day with MC Curtis Pilon-Vinish</b>
9:35am–9:40am	<b>MacEwan welcome:</b> President Annette Trimbee
9:40am–9:45am	<b>Treaty 6 welcome:</b> Grand Chief Arcand Jr.
9:45am–9:55am	<b>Video: Remembering Roxanne Tootoosis</b>
9:55am–10:25am	<b>The Gift of Song with Leo and Priscilla McGilvery</b> This workshop is intended to present the gift of song through drumming and rattles, to show how the songs facilitate teachings, and how they are a powerful means to ancestral connection and healing.
10:25am–10:45am	<b>Body Break: Yoga with Shyla</b> Practice some basic yoga poses with Shyla Gaebel, an Indigenous trauma-informed yoga instructor, and learn how one can find balance through the ceremony of yoga.
10:45am–11:00am	<i>Morning Break</i>
11:00am–11:30am	<b>Keynote Conversation with D’Pharoah Woon-A-Tai</b> D’Pharoah Woon-A-Tai will be joining us for a conversation about his journey into acting, his experiences working on Reservation Dogs and the feature film BEANS, and what’s next for this rising star.
11:30am–12:00pm	<b>What it means to be a Treaty Indian with Andre Bear</b> André Bear will share his journey of understanding Indigenous Legal Order after being trained to become an advocate of Inherent & Treaty rights. He will discuss his transformation through ceremonial lodges; his experiences within Indigenous politics, and the adversities of becoming a lawyer.
12:00pm–12:30pm	<i>Lunch break</i>
12:30pm–1:20pm	<b>Spotlight On...</b> <ul style="list-style-type: none"> <li>• Kairyn Potts @ohkairyn – advocate &amp; content creator</li> <li>• Becca Strong @thebeccastrong – singer &amp; content creator</li> <li>• Spur Pourier – 2022 Native American Music Award-nominated singer/songwriter</li> </ul>
1:20pm–1:50pm	<b>Indigenous Entrepreneurs</b> <ul style="list-style-type: none"> <li>• Jess Sanderson-Barry, Artist &amp; Owner, JShine Designs</li> <li>• Mallory Yawnghe, President &amp; CEO, Indigenous Box</li> </ul>



***\*All times are listed in MST***

1:50pm–2:00pm      *Afternoon Break*

2:00pm–2:20pm      **Body Break: Pow Wow Fit with Deanne Hupfield**

Join Deanne Hupfield to learn about pow wow dance styles, the significance of the regalia worn by dancers, and get your body moving with some basic pow wow footwork!

2:20pm–2:50pm      **Tea & Teachings with Elder Francis & Cynthia**

kihêw waciston's Elder, Dr. Francis Whiskeyjack, and Knowledge Keeper, Cynthia Jim, will be sharing tea, laughs, and traditional teachings to wind down our day.

2:50pm–2:55pm      **Closing Song**

2:55pm–3:00pm      **Wrap-up and closing remarks**

Join us during the evening of March 9, 2022 for a  
Virtual Round Dance hosted by Fawn Wood & Dallas Waskahat!  
Livestream will be available at [facebook.com/kihewwaciston](https://www.facebook.com/kihewwaciston)

